

Pre-Op Testing Guidelines

Prefer to have H&P, consent, orders and testing at the surgery center 48 hours prior to scheduled surgery.

Local/MAC/Cataract/Trabeculectomy Patients:

Any testing is at the discretion of the physician performing the pre-op H&P. If the patient is scheduled for *general anesthesia* the routine testing as listed below should be followed.

Healthy patients : < 50 years old and MAC anesthesia:

NO testing required.

EKG:

Must be done within 6 months of surgery.

Any General, IV regional, or choice (MAC/General) anesthesia patient > 50 years old

Chest X-ray:

Must be done within 1 month of surgery

Any general anesthesia patient > 75 years old or < 75 years old with a history of significant lung disease or acute respiratory episode in the last 6 months.

Potassium (K⁺):

Must be done within 7 days of surgery

Any general anesthesia patient on diuretics.

Electrolytes/Bun/Creatinine:

Must be done within 7 days of surgery

Any general anesthesia patient with renal disease.

Pregnancy Test:

A urine test will be done on admission for any female between menarche and menopause unless they have a hysterectomy or sterilization procedure or are having a local procedure without anesthesia.

Pacemaker/AICDs (Defibrillator):

Patient will need *anesthesia consult* for general anesthesia. For any MAC or IV regional patient, we need to know when the pacemaker was last checked and if its function was normal. If the patient has as AICD/pacer the health history nurse will obtain the necessary information.

Blood Glucose

Any diabetic patient will have DOS pre and postoperative blood glucose checks.

Any anesthesia patient >300 lbs will need an anesthesia consult prior to surgery.

Any anesthesia patient >350 lbs may not be an appropriate surgery candidate for the center and requires an anesthesia consult.

If patient has no testing as a MAC they may not be converted to general anesthesia until appropriate testing completed.

Patients arriving at the center with uncontrolled medical problems that have no testing done, will not be candidates for surgery that day.